

Organization

Doctoral Program of the Center
»History of Knowledge«

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Figure (cover page): Andreas Vesalius, *De humani corporis fabrica* (1543), p. 332 (public domain).

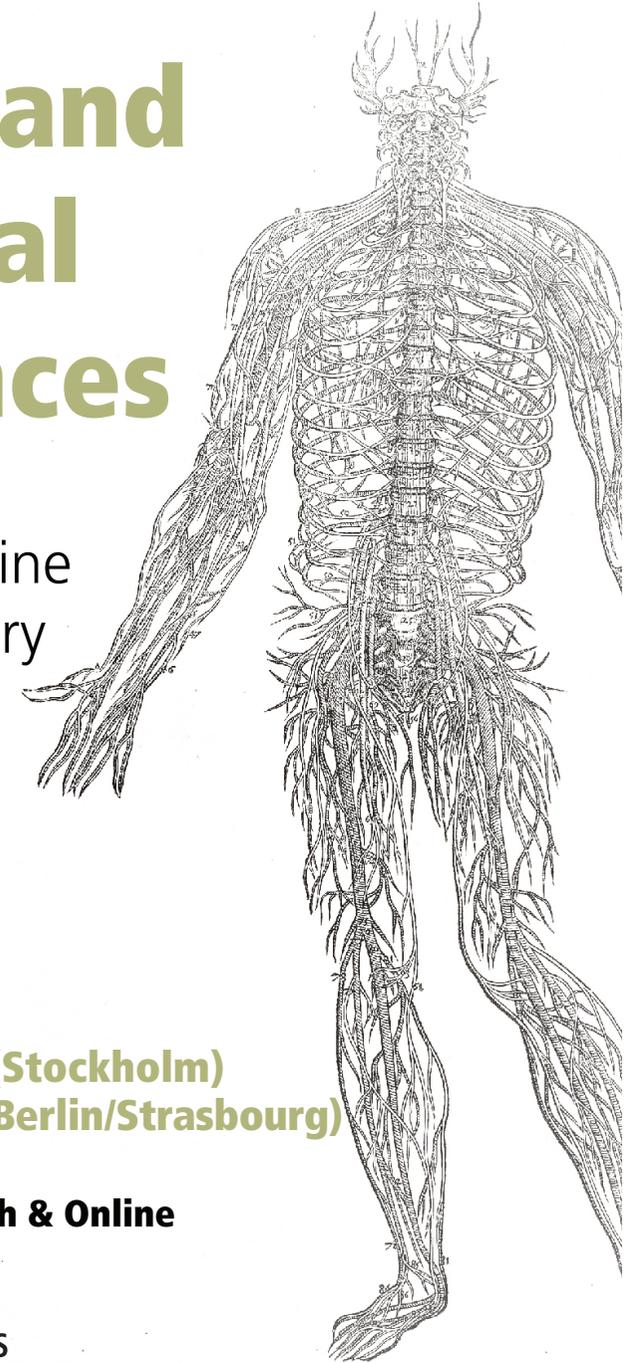


Location

University of Zurich & Online

Sensory and Emotional Experiences

Practices of
Mind-Body Medicine
in the 20th Century



Workshop with
Prof. Staffan Bergwik (Stockholm)
PD Dr. Anja Laukötter (Berlin/Strasbourg)

September 28–29, 2020

Venue: University of Zurich & Online

Sensory and Emotional Experiences

Practices of Mind-Body Medicine in the 20th Century

In our contemporary world where complaints about mind-body-related health issues such as burnout, fatigue syndrome, and stress are ever increasing, the idea that we all consist of minds and bodies is omnipresent. Although this idea has existed since antiquity and beyond, we argue that the period from the late nineteenth to the late twentieth century exhibits decisive shifts in the ways sensory and emotional experiences in the context of mind-body medicine were conceptualized. In our workshop, we examine such concepts looking at scientific and therapeutic practices which allow us to analyze both the scientific concepts and the actual application of mind-body knowledge. We ask how the emotions became a researchable and therapeutic entity, how emotional and gendered bodies were practically constructed, and how Western conceptions of mind-body medicine met and were merged with Eastern conceptions of the emotional body.

Organized by the Doctoral Program of the Center »History of Knowledge«.

Covid 19 protection concept:

Please register by September 21, 2020 via email to: zgw-dp@ethz.ch

Limited number of participants at the venue only!

The venue, the protection measures and a Zoom link for online participation will be sent out in advance.

Monday, September 28, 2020

14:00–14:15	Introduction
14:15–15:15	Sarah Scheidmantel (University of Zurich): Does a healthy body make the perfect woman? Bodily vibration techniques and their influence on the mind around 1900
15:15–15:30	Coffee break
15:30–16:30	Leander Diener (University of Zurich): How the body influences the mind: upside down psychosomatics, 1920–1950
16:30–17:00	Coffee break
17:00–19:00	Anja Laukötter (MPI Human Development, Berlin/ University of Strasbourg): Love with or without fear? Emotions, experiences, and body politics in East and West Germany

Tuesday, September 29, 2020

9:30–10:30	Staffan Bergwik (University of Stockholm): Elevation and emotion: Swedish geographer Sven Hedin's expedition in Tibet and visions of the global
10:30–10:45	Coffee break
10:45–11:45	Josephine Selander (ETH Zurich): Remaking emotions: transcultural sensory-controlling practices in fiction- and self-help books 1920–1990
11:45–12:15	Final discussion